



Southwest Gastroenterology Associates
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 southwestgi.com

Esophageal pH Monitoring/Esophageal Manometry		
Date:	Time:	Physician:
Location: Lovelace Medical Center Downtown 601 Dr Martin Luther King Jr Ave NE, Albuquerque, NM 87102		
Please call to confirm appointment 505-999-1606 or 999-1610		

Prep: Nothing to eat or drink after midnight the night before your procedure.

_____ **Esophageal pH Monitoring** is to monitor the acid level in the esophagus for a 24-hour period. The patient comes in, has a pH monitoring catheter placed into their nose and down into their esophagus. They then leave the hospital with the monitoring device attached to the catheter that is in their nose and down into the esophagus. The next day the patient returns to drop off the pH monitoring receiver and have the catheter pulled out.

_____ **Esophageal Manometry** is a test where a pressure monitoring catheter is inserted into a patient's nose and into their esophagus. The patient then makes 10 swallows. The swallowing and the pattern is recorded by the pressure monitoring catheter that is sitting within the esophagus. The catheter is then removed, and the patient is sent home. The main function of this test is to see if a patient's swallowing problem is due to a problem with the muscular function of the esophagus.

_____ Please stop your acid suppression medication one week prior to your procedure. You may take Roloids or Tums.

_____ Continue your acid suppression medication.

***You do not need a driver for this procedure.**