



Southwest Gastroenterology Associates
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 southwestgi.com

Endoscopic Retrograde Cholangiopancreatography (ERCP) Prep		
Date:	Time:	Physician:
Location: Lovelace Medical Center Downtown 601 Dr Martin Luther King Jr Ave NE, Albuquerque, NM 87102 Please call to confirm appointment 505-999-1606 or 999-1610		

Follow the instructions below for your procedure. You will need a driver on the day of your procedure. Please call our office if you have any questions.

1 WEEK PRIOR TO YOUR PROCEDURE

Let us know if you are on any of the following blood thinners: Plavix, Coumadin, Effient, Eliquis, Xarelto, Pradaxa, Warfarin or any other blood thinning medications. Please call your managing provider for instructions on stopping your medication _____ days prior to your procedure. **Stop** taking iron supplements or vitamins with iron, fish oil, krill oil or shark oil supplements.

MORNING PROCEDURE

Take your medications at least 2 hours prior to your procedure with a small sip of water only. **Do not** have anything to eat or drink (no liquids) after midnight the night before your procedure. **Do not** skip heart, blood pressure or seizure medications.

AFTERNOON PROCEDURE

You may have a clear liquid breakfast. **No** solid foods, milk or milk products. Alcohol is not permitted.

“CLEAR LIQUIDS” INCLUDE:

- Strained fruit juice without pulp (apple, white grape, lemonade)
- Water, tea, coffee (without milk or non-dairy creamer)
- Clear broth or chicken, beef or vegetable bouillon
- Alcohol Is Not Permitted
- Plain jello or ice popsicles

Do not have anything solid to eat or drink (no liquids) for 8 hours prior to your procedure. No gum, mints, candy or tobacco products.

You will need your current insurance card, picture ID and copayment.

STENT PLACEMENT

While you were in the hospital at Lovelace Downtown Medical Center, you underwent a procedure called an ERCP. During your ERCP procedure, a stent was placed into your common bile duct. This stent is temporary and **MUST BE REMOVED**. If the stent is not removed, there is a **high risk** for developing an infection or other problem with your bile duct. It is very important that you show up for your repeat ERCP procedure so that the stent can be removed from your bile duct.