## (EGD) Esophagogastroduodenoscopy Prep

<table>
<thead>
<tr>
<th>Date:</th>
<th>Time:</th>
<th>Physician:</th>
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**Location:** Southwest Endoscopy  
7788 Jefferson St NE, Albuquerque, NM 87109

Please call to confirm appointment 505-999-1600

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The following instructions are your physician’s specific instructions. Please follow the instructions carefully to ensure a successful prep.

You can reach your physician’s office at: 505-999-1600

**NO SHOW:** Any patient who fails to keep an appointment will be charged a $100.00 fee for scheduled procedure appointments. The fee must be paid prior to rescheduling any appointments.

**Cancellations** must be made 72 hours prior to your scheduled appointment. Any cancellation made less than 72 hours will be charged $100.00. For Monday appointments, cancellations must be made by noon on the preceding Friday. This fee will have to be paid prior to rescheduling the appointment.
### 7 days prior to procedure

Special Notes: Let us know if you are on any of the following blood thinners: Plavix, Coumadin, Effient, Pradaxa, Eliquis, Xarelto or other blood thinning medications.

**Stop** taking iron supplements or vitamins containing iron.

**Stop** taking fish oil, krill oil or shark oil supplements.

### Day of procedure

**MORNING PROCEDURE:**

Do not have anything solid to eat or drink (no liquids) after midnight the night before your procedure. Take your usual medications at least 2 hours prior with a small sip of water only. Do not skip heart, blood pressure or seizure medications.

**AFTERNOON PROCEDURE:**

You may have a clear liquid breakfast. No solid foods, milk or milk products. Alcohol is not permitted

Do not have anything solid to eat or drink (no liquids) for 8 hours prior to your procedure. No gum, mints, candy or tobacco products.

Take your usual medications with a small sip of water at least 2 hours prior to your procedure.

Do not skip any heart, blood pressure or seizure medications.

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### Clear Liquid Diet Details: NO RED OR PURPLE. NO DAIRY

<table>
<thead>
<tr>
<th>Approved</th>
<th>Avoid</th>
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<tbody>
<tr>
<td>✓ Sodas, coffee and tea</td>
<td>× No milk/dairy</td>
</tr>
<tr>
<td>✓ Clear juices, fitness water</td>
<td>× No juices with pulp</td>
</tr>
<tr>
<td>✓ Popsicles without pulp</td>
<td>× NO RED or PURPLE</td>
</tr>
<tr>
<td>✓ Chicken, vegetable and beef broth</td>
<td></td>
</tr>
<tr>
<td>✓ Gelatin</td>
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*Clear Liquid Diet Details: NO RED OR PURPLE. NO DAIRY*
THE DAY OF THE PROCEDURE

If your procedure is before 7 AM, please check in at 6:30 AM. Our office opens at 6:30 AM.

- TAKE YOUR BLOOD PRESSURE MEDICATIONS, HEART MEDICATIONS, OR SEIZURE MEDICATIONS AS PRESCRIBED WITH A SMALL SIP OF WATER AT LEAST 2 HOURS PRIOR TO YOUR PROCEDURE.
- You must arrange to have a responsible adult (18 or older) come with you to your procedure until you are discharged and will drive you home. You are not allowed to drive, take a bus, or leave the facility alone.
- You will need your current insurance card, picture ID, and copayment.
- If you are female, under age 50, and haven’t had a hysterectomy, oophorectomy or menopause longer than 2 years, you will need to submit a urine specimen for a urine pregnancy test.

If you have any questions or concerns about the preparation, please contact our office at 505-999-1600.