



Southwest Gastroenterology Associates
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| (EGD) Esophagogastroduodenoscopy Prep | | |
|--|--------------|-------------------|
| Date: | Time: | Physician: |
| Location: Southwest Endoscopy 7788 Jefferson St NE, Albuquerque, NM 87109 | | |
| Please call to confirm appointment 505-999-1600 | | |

The following instructions are your physician’s specific instructions. Please follow the instructions carefully to ensure a successful prep.

You can reach your physician’s office at: 505-999-1600

NO SHOW: Any patient who fails to keep an appointment will be charged a \$100.00 fee for scheduled procedure appointments. The fee must be paid prior to rescheduling any appointments.

Cancellations must be made 72 hours prior to your scheduled appointment. Any cancellation made less than 72 hours will be charged \$100.00. For Monday appointments, cancellations must be made by noon on the preceding Friday. This fee will have to be paid prior to rescheduling the appointment.

| 7 days prior to procedure | Day of procedure |
|--|--|
| <p>Special Notes: Let us know if you are on any of the following blood thinners: Plavix, Coumadin, Effient, Pradaxa, Eliquis, Xarelto or other blood thinning medications.</p> <p>Stop taking iron supplements or vitamins containing iron.</p> <p>Stop taking fish oil, krill oil or shark oil supplements.</p> | <p>MORNING PROCEDURE: Do not have anything solid to eat or drink (no liquids) after midnight the night before your procedure. Take your usual medications at least 2 hours prior with a small sip of water only. Do not skip heart, blood pressure or seizure medications.</p> <p>AFTERNOON PROCEDURE: You may have a clear liquid breakfast. No solid foods, milk or milk products. Alcohol is not permitted Do not have anything solid to eat or drink (no liquids) for 8 hours prior to your procedure. No gum, mints, candy or tobacco products.</p> <p>Take your usual medications with a small sip of water at least 2 hours prior to your procedure.</p> <p>Do not skip any heart, blood pressure or seizure medications.</p> |

***Clear Liquid Diet Details: NO RED OR PURPLE. NO DAIRY**

| <u>Approved</u> | <u>Avoid</u> | |
|--|--|--|
| <ul style="list-style-type: none"> ✓ Sodas, coffee and tea ✓ Clear juices, fitness water ✓ Popsicles without pulp ✓ Chicken, vegetable and beef broth ✓ Gelatin | <ul style="list-style-type: none"> × No milk/dairy × No juices with pulp × NO RED or PURPLE |  |

THE DAY OF THE PROCEDURE

If your procedure is before 7 AM, please check in at 6:30 AM. Our office opens at 6:30 AM.

- TAKE YOUR BLOOD PRESSURE MEDICATIONS, HEART MEDICATIONS, OR SEIZURE MEDICATIONS AS PRESCRIBED WITH A SMALL SIP OF WATER AT LEAST 2 HOURS PRIOR TO YOUR PROCEDURE.
- **You must arrange to have a responsible adult (18 or older) come with you to your procedure until you are discharged and will drive you home. You are not allowed to drive, take a bus, or leave the facility alone.**
- You will need your current insurance card, picture ID, and copayment.
- If you are female, under age 50, and haven't had a hysterectomy, oophorectomy or menopause longer than 2 years, you will need to submit a urine specimen for a urine pregnancy test.

If you have any questions or concerns about the preparation, please contact our office at 505-999-1600.